



WRITE YOUR NAME (AND OTHER WORDS) WITH HANDS AND FEET

Number of players: Any

Space: Any

Materials needed: None

Procedure:

1. Ask students to circle up, sitting on the floor, but with plenty of room between each student.
2. Ask students to write their names in lower case letters in the air with just the forefinger of their right hand. Next, ask them to repeat with their left hand.
3. Ask students to try again with their right forefinger, as tiny as possible, taking up as little space as they can. Repeat with the left forefinger.
4. Ask students to write their names in CAPITAL letters with their right forefinger. Repeat with the left hand.
5. Ask students to try again, but this time as large as possible, stretching their arms wide.
6. Ask students to repeat the above steps, but this time they'll lean back on their arms and spell in the air with their toes and feet.

Possible learning areas:

Nonverbal communication, self expression, coordination, balance